



**In-House CME**

## Big Breaks, Small Cuts: Minimally Invasive Trauma

08/11/2026 7:00 PM Eastern

Live Virtual Webinar

MIS in Ankle Trauma explores the role of minimally invasive techniques in modern ankle fracture management, with emphasis on soft tissue preservation and anatomic reduction. Designed for surgeons managing rotational and complex ankle injuries, this CME webinar focuses on fracture pattern recognition, indications for percutaneous fixation, and biomechanical principles that allow stable constructs through limited exposures—particularly in compromised soft tissue envelopes. Through case-based discussion and practical algorithms, we will cover percutaneous fibular fixation, MIS syndesmotic stabilization, and fluoroscopic reduction assessment. The session emphasizes reproducible fracture control, avoidance of malreduction, and optimization of outcomes while maintaining a minimal surgical footprint.

### Learning Objectives:

1. Evaluate ankle fracture patterns to determine appropriate indications for minimally invasive fixation techniques.
2. Apply percutaneous reduction and fixation strategies while maintaining anatomic alignment and stable syndesmotic mechanics.
3. Identify common pitfalls in MIS ankle trauma surgery and implement strategies to reduce malreduction and soft tissue complications.

**Intended Audience:** Podiatrists

**Fees:** \$ 0.00

**Refund Policy:** N/A

In-House CME is accredited by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. In-House CME has accredited this activity for a maximum of 1.0 continuing education contact hour.

In-House CME, LLC has designated an unrestricted educational grant from the following commercial entities for this educational activity:

Smith & Nephew

## Panelists

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### **Jeffrey Dikis, DPM**



Dr. Jeffrey Dikis is a board-certified podiatric foot and ankle surgeon currently practicing at McFarland Multispecialty Clinic in Polk City, Iowa. He earned his Doctor of Podiatric Medicine degree from Des Moines University College of Podiatric Medicine & Surgery in 2012, following his undergraduate studies in Integrative Physiology at the University of Iowa. Dr. Dikis completed his comprehensive foot and ankle surgery residency at the University of Pittsburgh Medical Center from 2012-2015, where he served as Chief Resident Physician in his final year. He achieved board certification from the American Board of Foot and Ankle Surgery in both Forefoot Surgery and Rearfoot & Ankle Surgery in 2021, and is a Fellow of the American College of Foot and Ankle Surgeons.

Beyond his clinical practice, Dr. Dikis is actively involved in medical education and research, serving as a Clinical Instructor at Des Moines University College of Podiatric Medicine & Surgery and as a peer reviewer for medical journals including the Journal of the American Podiatric Medical Association. He has authored multiple research publications on topics ranging from surgical techniques to biomechanical analyses and has presented over 50 presentations during his career. Dr. Dikis is also a prominent voice in podiatric education through his hosting of the Pod Patrol Podcast, which ranks in the top 10% of Spotify Video Podcasts, and the GaitKeepers National Journal Club. His clinical interests focus on arthroscopy and minimally invasive surgery, sports medicine and athletic injuries, and trauma and rearfoot reconstructive surgery.

**Disclosures:** No financial relationships with commercial interests to disclose.

### **Amiethab Aiyer, MD**



Dr. Aiyer is the division chief of foot and ankle surgery in the Johns Hopkins Department of Orthopaedic Surgery. He completed his medical training at Drexel University College of Medicine in Philadelphia. During his fourth year of medical school, Dr. Aiyer completed a research fellowship at the Rothman Orthopaedic Institute, also in Philadelphia. He then completed an orthopaedic surgery residency at the Penn State Health Milton S. Hershey Medical Center in Hershey, Pennsylvania. Dr. Aiyer went on to complete a research and clinical fellowship at the Institute for Foot and Ankle Reconstruction at Mercy Medical Center in Baltimore. As a researcher, he is currently investigating diagnosis, surgical treatments and patient outcomes for bunions, Achilles tendon ruptures, ankle arthritis, ankle trauma and other conditions affecting the foot and ankle. His research encompasses clinical, basic science and biomechanical studies. Dr. Aiyer has presented his research at numerous conferences held by the American Orthopaedic Foot & Ankle Society, AAOS and other professional organizations of which he is a member. He is a fellow of the AAOS and AOA, and a member of the Alpha Omega Alpha Honor Medical Society.

**Disclosures:** Consultant for Enovis and Vilex.

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